



Medication Therapy Management Program

With the Medication Therapy Management (MTM) Program* through BlueShield of Northeastern New York, you can make sure you're getting the most benefits from your medications.

As part of the no-cost MTM program, you're connected with a pharmacist who will:

- Make recommendations on how to use your medications in the most effective way
- Help you understand your medications and how they work
- Check for harmful drug interactions between your medications
- Offer advice on how to take your medications to decrease side effects
- Find less expensive alternatives
- Answer questions about your medications or medical conditions

Do I qualify?

To be eligible for the MTM program, you must meet all of the following criteria:

- Have multiple chronic conditions, such as arthritis, osteoporosis, chronic heart failure, diabetes, high cholesterol, end-stage renal disease, high blood pressure, depression, asthma, or chronic obstructive pulmonary disease (COPD)
- Are taking at least seven covered medications
- Have spent \$980 or more on covered medications in the past three months

* Available to BlueShield of Northeastern New York members who have a Medicare Part D prescription drug plan.

Learn how to optimize your medications so you can best manage your health. To learn more about the Medication Therapy Management Program, call the Pharmacy Services number on the back of your member ID card.



BlueShield of Northeastern New York complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-700-8482 (TTY: 711).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-700-8482（TTY：711）。

This program is provided through Express Scripts®, SinfoniaRX, and The Medication Management Center (MMC) at the University of Arizona.
This program is not considered a part of the plan's benefit.

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