

# BlueShield clinical pharmacy program

## Helping you get the most from your medications

### What is the clinical pharmacy program?

A clinical pharmacist works with you, your doctor, and other members of your health care team to ensure you're on the best possible medication regimen for your health conditions. Our consultation service can help you understand how your medication works, medication safety, the best way to take your medications, and how to manage costs.

### A clinical pharmacist can...

- Assist in reaching health goals
- Identify potential medication side effects
- Review for drug interactions
- Educate on best medication timing and schedules
- Talk through options for treatment
- Review for cost-saving opportunities
- Answer drug-related questions

### You may benefit from a pharmacist consultation if one or more of the following applies to you:

- Chronic conditions, such as diabetes, high blood pressure, kidney disease, heart failure and other heart problems, or chronic obstructive pulmonary disease (COPD)
- Not meeting current health goals or targets
- Recent hospital stay
- Multiple medications (especially six or more)
- Medication side effects
- Cost concerns



**BlueShield**  
of Northeastern New York

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